

# AHAM Meditation Retreat & Training Center – USA and Arunachala Ramana AHAM Ashram – India 2020 Program Calendar



## January and February

(See section below for January/February programs at the AHAM Ashram in India.)

*Programs at AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:*

### March

6-8 Awaken to Awareness Retreat  
14-22 Intensive Self-Inquiry Training

### April

3-5 Awaken to Awareness Retreat  
17-19 **Conscious & Clear Living, Pt. 1\***  
24-26 Sat Sanga Weekend

### May

15-17 **Conscious & Clear Living, Pt. 2\***  
26-31 **Buddy Training, Pt. 1\***

### June

5-7 Awaken to Awareness Retreat  
17-21 Neutralizing Your Negative Past

### July

3-5 Awaken to Awareness Retreat  
11-19 Intensive Self-Inquiry Training

### August

July 31-Aug 2  
12-16 Awaken to Awareness Retreat  
**Conscious Communication & Relationship\***  
23 AHAM Anniversary Celebration

### September

4-6 Awaken to Awareness Retreat  
18-20 **Sponsor Training & Gathering\***

### October

2-4 Awaken to Awareness Retreat  
9-11 Sat Sanga Weekend  
23-25 **Buddy Training, Pt. 2\***

### November

6-8 Awaken to Awareness Retreat  
14-22 Intensive Self-Inquiry Training

### December

4-6 Awaken to Awareness Retreat  
9-13 Neutralizing Your Negative Past  
31 New Year's Eve at AHAM

## AHAM India Programs (Tiruvannamalai, S. India)

**January 3 - 10, 2020** – Intensive Self-Inquiry Training

**Jan. 27- Feb. 13, 2020** – Pilgrimage (proposed)

**February 2 – 8, 2020** – Intensive Self-Inquiry Training (proposed)

**February 15, 2020** -- Aradhana ceremony (A. Ramana's death anniversary)

For program information, call the AHAM Center USA: 336-381-3988, AHAM India: 011 91-4175-237383, or email the AHAM Center USA: [generalmail@aham.com](mailto:generalmail@aham.com) or AHAM India: [arunaham@vsnl.com](mailto:arunaham@vsnl.com)

\*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with \*), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.