

AHAM Meditation Retreat & Training Center – USA
and
Arunachala Ramana AHAM Ashram – India
2025 Program Calendar



****Program may be taken virtually or in-person, unless noted under program title****

AHAM India Ashram

The AHAM Ashram in India may have trainings in Feb./March of 2025. Contact them directly (see below) for more information.

Programs by AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

March

7-9 Awaken to Awareness Retreat
(in-person)
14-16 Sat Sanga Weekend

April

5-13 Intensive Self-Inquiry Training

May

2-4 Awaken to Awareness Retreat
16-18 Conscious & Clear Living, Pt. 1*

June

6-8 Awaken to Awareness Retreat
(in-person)
13-15 Conscious & Clear Living, Pt. 2*
25-29 Conscious Communication & Relationship*

July

11-13 Awaken to Awareness Retreat
19-27 Intensive Self-Inquiry Training

August

8-10 Awaken to Awareness Retreat
13-17 Neutralizing Your Negative Past
22-24 Sat Sanga Weekend & AHAM
47th Anniversary Celebration

September

5-7 **Sponsor Training***
17-21 **Buddy Training***

October

3-5 Awaken to Awareness Retreat
(in-person)
18-26 Intensive Self-Inquiry Training

November

7-9 Awaken to Awareness Retreat
12-16 Neutralizing Your Negative Past

December

5-7 Awaken to Awareness Retreat
(in-person)
12-14 Holiday Sat Sanga Weekend

AHAM India Programs (Tiruvannamalai, S. India)

February 15, 2025 -- Aradhana ceremony (A. Ramana's 15th Death Remembrance)

For more information on offerings at AHAM India, email: ahamindia2001@gmail.com

For program information, call the AHAM Center USA: 336-381-3988 or email the AHAM Center USA: generalmail@aham.com

*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with *), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule.

There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.