

AHAM Meditation Retreat & Training Center – USA

and

Arunachala Ramana AHAM Ashram – India

2024 Program Calendar



*****Program may be taken virtually or in-person, unless noted under program title*****

AHAM India Ashram

The AHAM Ashram in India may have trainings in Feb./March of 2024. Contact them directly (see below) for more information.

Programs by AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

March

1-3 Awaken to Awareness Retreat
15-17 Sat Sanga Weekend

April

10-14 **Conscious Communication & Relationship***
27-May 5 Intensive Self-Inquiry Training

May

10-12 Awaken to Awareness Retreat
17-19 **Sponsor Training***

June

7-9 **Conscious & Clear Living, Pt. 1***
14-16 Awaken to Awareness Retreat

July

5-7 **Conscious & Clear Living, Pt. 2***
27-Aug. 4 Intensive Self-Inquiry Training

August

9-11 Awaken to Awareness Retreat
(*in-person*)
16-18 Sat Sanga Weekend & AHAM
46th Anniversary Celebration
21-25 Neutralizing Your Negative Past

September

6-8 Awaken to Awareness Retreat

October

4-6 Awaken to Awareness Retreat
(*in-person*)
12-20 **Living Meditation Training***

November

2-10 Intensive Self-Inquiry Training
20-24 Neutralizing Your Negative Past

December

6-8 Awaken to Awareness Retreat
(*in-person*)
13-15 Holiday Sat Sanga Weekend

AHAM India Programs (Tiruvannamalai, S. India)

February 15, 2024 -- Aradhana ceremony (A. Ramana's death anniversary)

For more information on offerings at AHAM India, call: 011 91-4175-237383 or email:
ahamindia2001@gmail.com

For program information, call the AHAM Center USA: 336-381-3988 or email the AHAM Center USA:
generalmail@aham.com

*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with *), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.