

AHAM Meditation Retreat & Training Center – USA

and

Arunachala Ramana AHAM Ashram – India

2023 Program Calendar



*****Program may be taken virtually or in-person, unless noted under program title*****

AHAM India Ashram

The AHAM Ashram in India may have offerings in Feb./March of 2023. Contact them directly (see below) for more information.

Programs by AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

March

3-5 **Awaken to Awareness Retreat-C
11-19 Living Meditation Training*

April

Mar 31-Apr 2 Sat Sanga Weekend
22-30 Intensive Self-Inquiry Training

May

5-7 **Awaken to Awareness Retreat-V
19-21 Buddy Training Pt. 2*
26-28 Sponsor Training*

June

2-4 **Awaken to Awareness Retreat-C
28-July 2 Neutralizing Your Negative Past

July

7-9 **Awaken to Awareness Retreat-V
22-30 Intensive Self-Inquiry Training

August

4-6 **Awaken to Awareness Retreat-V
18-20 Sat Sanga Weekend & AHAM
45th Anniversary Celebration

September

1-3 **Conscious & Clear Living, Pt. 1***
29-Oct. 1 **Conscious & Clear Living, Pt. 2***

October

6-8 **Awaken to Awareness Retreat-C
21-29 Intensive Self-Inquiry Training

November

3-5 **Awaken to Awareness Retreat-V
29-Dec 3 Neutralizing Your Negative Past

December

15-17 Holiday Sat Sanga Weekend

AHAM India Programs (Tiruvannamalai, S. India)

February 15, 2023 -- Aradhana ceremony (A. Ramana's death anniversary), modified to be Covid compliant.

For more information on offerings at AHAM India, call: 011 91-4175-237383 or email: ahamindia2001@gmail.com

For program information, call the AHAM Center USA: 336-381-3988 or email the AHAM Center USA: generalmail@aham.com

*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with *), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.

**Awaken to Awareness Retreats are either (V) Virtual or (C) In-person at AHAM Center