

AHAM Meditation Retreat & Training Center – USA and



Arunachala Ramana AHAM Ashram – India



2020 Program Calendar

(all remaining trainings in virtual classrooms this year)

January and February

(See section below for January/February programs at the AHAM Ashram in India.)

Programs at AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

March

6-8 Awaken to Awareness Retreat
14-22 Intensive Self-Inquiry Training

April

3-5 Awaken to Awareness Retreat
17-19 **Conscious & Clear Living, Pt. 1***
24-26 Sat Sanga Weekend

May

15-17 **Conscious & Clear Living, Pt. 2***
26-31 **Buddy Training, Pt. 1***

June

17-21 Neutralizing Your Negative Past

July

25-Aug. 2 Intensive Self-Inquiry Training

August

14-16 Awaken to Awareness Retreat
23 AHAM 42nd Anniversary

September

16-20 **Conscious Communication & Relationship***
25-27 Awaken to Awareness Retreat

October

9-11 Sat Sanga Weekend
23-25 **Buddy Training, Pt. 2***
23-25 **Sponsor Training & Gathering***

November

6-8 Awaken to Awareness Retreat
14-22 Intensive Self-Inquiry Training

December

4-6 Awaken to Awareness Retreat
9-13 Neutralizing Your Negative Past
31 New Year's Eve with AHAM

AHAM India Programs (Tiruvannamalai, S. India)

January 3 - 10, 2020 – Intensive Self-Inquiry Training

Jan. 27- Feb. 13, 2020 – Pilgrimage (proposed)

February 15, 2020 -- Aradhana ceremony (A. Ramana's death anniversary)

For program information, call the AHAM Center USA: 336-381-3988, AHAM India: 011 91-4175-237383, or email the AHAM Center USA: generalmail@aham.com or AHAM India: arunaham@vsnl.com

*For those taking **Advanced Graduate Curriculum** programs (shown **bolded** and with *), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training.