

Love Note From Elizabeth...continued

October 26, 2010

My Dearest AHAM Family,

There is something I would like to share with you. This was going to be announced on one of our AIC evening Heart-Line calls and as I said then, it needed more time to cook. Thank you for being so kind to wait until I could say it in a clear way and all the details have fallen into place. Writing you feels like the best way to get it all out without the emotion getting in the way as it does for this one when I speak of something that is close to my Heart. Please feel free to email me and we can speak directly about it if that is what you wish to do.



To begin ... for the past 32 years there has been nothing more important to me than the growth of AHAM and having it's Teaching shared with as many folks as possible. Everything else in my life has taken a back seat. People have asked me why I did that and all I can say is "IT chose me" and there was no thought about it, but to follow the Heart each step of the way. I never understood what it was to receive a "calling" until this occurred. Over these 32 years, this has included serving in any roles and functions that were needed in AHAM, without any question. And, I am so happy to have had this opportunity to be able to serve in this way. During this time, a Retreat Center and Spiritual Educational Institution, an Indian Ashram and a "Heart" family has come about for us all to enjoy, support and benefit from...a community of those who are choosing to live from the Heart. I am so grateful and honored to have been a part of what has created itself through us all.

Well, it appears there is another shift occurring again in this lifetime that "chose me." There are two aspects to this. The first one is, as some of you may know, four years ago this body experienced a "burnout". After a seven-month sabbatical in our ashram in India, I slowly moved back into all of my responsibilities at AHAM. As health professionals are revealing it now, the energy required to keep up with the daily responsibilities at AHAM has not allowed a full recovery. The "signs" of burnout have started to come up again and so, it has been recommended that I slow "way" down and find a different lifestyle from the one I've had for these past 32 years. But I didn't know how this could happen. So, to be still and to allow, "what is" to reveal itself from the Heart, I took time out for a Seclusion Retreat. During the Retreat, it was revealed ... I am to shift into a different relationship with AHAM ... one of a retirement status and to release all staff responsibilities in AHAM. This time of retreat gave me an opportunity to "give space" to my reaction to this and the layers of attachment that came up to be fully seen through and cleared out. Then the second aspect of this was revealed ... it was for me to travel and be with my AHAM family in a more informal way. It was clearly revealed. This can be a way that I continue serving my AHAM family, but in an entirely different way ... outside of the center and in your little corner of the world ... not really knowing what will come of each visit ...

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... we will just let that happen naturally. I actually just had a small sample of this recently, when I visited a few folks in our family in Chapel Hill area. It was beautiful how things just unfolded in different ways for each one. I would also be open to having “conversations” with a gathering of friends, wherever or whenever that happens, naturally. Even though, in my “retirement” status, this is would not be an official “outreach program” it can be a way to let folks know about AHAM. We will just let this all unfold in its own natural way. And, as far as my sacred service in the AHAM center, I will primarily be focusing on the training of Trainers, when and where needed. So, what is important to this one can continue ... I am so grateful. :0)

As you know, Stan Davis has been a part of AHAM for 29 years (since 1981) and capably serving for 22 years on staff, contributing greatly to AHAM’s growth and mission. On November 1st, 2010, I am stepping down from being Spiritual Director. With support from the AHAM Staff and Board, Stan will begin functioning in the capacity of Spiritual Director, as well as continuing to serve in his present role of AHAM’s Executive Director. I have full confidence in his ability to serve in this dual function. At this time, they actually seem to go very well together. So AHAM is being left in very capable hands. I feel confident in the strength of the AHAM Community in working together, bringing AHAM into a whole new level of growth and prosperity as it carries out its mission.

On December 1st, I will leave for India so that I can begin my retirement with my spiritual “roots” ... at the feet of the Holy Hill, Arunachala with Bhagavan and Ramana ... to fully bless this new phase of my life. I will arrive in India at AHAM Ashram initially, and then in mid-December through February, I am going to stay at Ramanasramam so I can have time to just simply Be and bask in the Grace-full Presence of Sri Bhagavan and Arunachala.

On my return trip home from India, following the aspects of my retirement, I have personally added several stops along the way and will be visiting various members of our AHAM Family. Then, I will be back at the AHAM Center in N.C. by the end of June of 2011. Michele and I will be creating a blog to keep you updated with pictures and stories as to what is happening, as well as giving us a format for whatever wants to be expressed along the way. That should be fun to see and hear from our family in their world. Once back at the ATC in our Center in N.C., my focus will then be with the training of Trainers for several months. Then, I am “on the road again” and my “blog.”

It was also revealed, to facilitate my travelling, it would be good to have an RV to live in for my “home on wheels.” AHAM has graciously allowed me to stay at the ATC until this happens and will be spearheading the acquisition of an RV for my “home on wheels.” I use the term “spearheading” because the acquisition of the RV is not limited solely to AHAM having to pay for it. It may come from another source, such as an individual or individuals in the AHAM Community. If anyone has any ideas or ways to assist in my having an RV, please let me know. I am looking forward to having the time to spend with my entire AHAM family... hanging out with you in “your” world and just letting the current take me where It wants to go. What an awesome retirement this is ... such a big family ... all over America and abroad! :0)

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This is certainly a new adventure to fully experience and enjoy. Just know that no matter where I am, I carry you all with me in my Heart. I know that all will be revealed in its own natural way, step by step, through this “bubble of Grace” that I have been living in all these years. And, I know all that is needed will be taken care of. As many of you know, for the most part, all I own has been given over to this work. So, recently AHAM began to establish a retirement fund to assist me in this new phase of my life. My responsibility, now, is in fully “letting go and letting God” and in simply knowing all is in Good Hands.

As the co-creator of AHAM, it's much like being a mother with her child, and as that, it is natural for AHAM to be closely taken care of in its early years. Now this “child” has “grown up” and is ready to be guided through different hands, ones that I know have been preparing for this for a long time, and are all ready, willing and able to see that AHAM fully matures into what it has always been destined to be. And, my role as “mother” will never change. AHAM and my family are always being held dearly in my Heart.

Loving you,
Elizabeth

***Love settles within the Circle,
Embracing it
And thereby lasting forever,
Turning within it.
Luther Standing Bear***

