



# AHAM Meditation Retreat & Training Center – USA and Arunachala Ramana AHAM Ashram – India 2016 Program Calendar



## Programs at AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

### January

(AHAM Center in NC is preparing for the 2016 program season; **see section below for programs at the AHAM Center in India.**)

### February

5-7 Awaken to Awareness Retreat

### March

4-6 Awaken to Awareness Retreat  
15-20 **Buddy Training Part 1\***

### April

1-3 Awaken to Awareness Retreat  
9-17 Intensive Self-Inquiry Training

### May

Apr. 29-May 1 Awaken to Awareness Retreat  
27-29 AHAM Sat Sanga weekend  
(Memorial Day weekend)

### June

3-5 Awaken to Awareness Retreat  
22-26 Neutralizing Your Negative Past

### July

1-3 Awaken to Awareness Retreat  
16-24 Intensive Self-Inquiry Training

### August

5-7 Awaken to Awareness Retreat  
12-14 **Sponsor Training/Gathering**  
17-21 **Conscious Communication & Relationship\***

### September

2-4 Awaken to Awareness Retreat  
9-11 **Conscious & Clear Living Pt. 1\***  
16-18 **Buddy Training Pt. 2\***

### October

Sept. 30-Oct. 2 Awaken to Awareness Retreat  
7-9 **Conscious & Clear Living Pt. 2\***  
22-30 **Living Meditation Training\***

### November

4-6 Awaken to Awareness Retreat  
16-20 Neutralizing Your Negative Past

### December

2-4 Awaken to Awareness Retreat  
3-11 Intensive Self-Inquiry Training  
30-Jan. 1 New Year's Eve Sat Sanga Weekend

### AHAM India 2015/16 Winter Season

For program info, please contact the AHAM Center USA at 336-381-3988 or email:  
generalmail@aham.com or AHAM India at: arunaham@vsnl.com

\*For those taking **Advanced Graduate Curriculum** programs (shown in **brown-colored font** above), please contact AHAM USA at 336-381-3988 as early as possible to let us know if this date can work with your schedule.

There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training programs.