

# AHAM Meditation Retreat & Training Center – USA and Arunachala Ramana AHAM Ashram – India 2015 Program Calendar



## Programs at AHAM Meditation Retreat & Training Center, Asheboro, NC, USA:

### January

Jan. 30-Feb. 1 Awaken to Awareness Retreat

### February

Feb. 27-Mar. 1 Awaken to Awareness Retreat

### March

**14-22 Living Meditation Training\***

### April

10-12 Awaken to Awareness Retreat  
18-26 Intensive Self-Inquiry Training

### May

1-3 Awaken to Awareness Retreat  
**15-17 Conscious & Clear Living Part 1\***

### June

5-7 Awaken to Awareness Retreat  
12-14 AHAM Reunion Gathering  
**26-28 Conscious & Clear Living Part 2\***

### July

3-5 Awaken to Awareness Retreat  
15-19 Neutralizing Your Negative Past

### August

July 31-Aug. 2 Awaken to Awareness Retreat  
8-16 Intensive Self-Inquiry Training  
28-30 Sat Sanga with AHAM Weekend

### September

4-6 Awaken to Awareness Retreat  
**15-20 Buddy Training\***

### October

2-4 Awaken to Awareness Retreat  
**16-18 Sponsor Training\***  
**21-25 Conscious Communication & Relationship\***

### November

6-8 Awaken to Awareness Retreat  
18-22 Neutralizing Your Negative Past

### December

4-6 Awaken to Awareness Retreat  
11-13 Sat Sanga with AHAM Weekend  
31 New Year's Eve Meditation

## AHAM India 2015/16 Winter Season

For program info, please contact the AHAM Center USA at 336-381-3988 or email:  
generalmail@aham.com or AHAM India at: arunaham@vsnl.com

\*For **Advanced Graduate Curriculum** programs (shown in **brown-colored font** above), please contact AHAM USA at 336-381-3988 as early as possible. There are no pre-requisites for either the Awaken to Awareness Retreat or Intensive Self-Inquiry Training programs.