

## Can There be True Knowing Without the Knowing of the Mind?

By A. Ramana

Is it really possible to *fully* awaken to and know the actual true nature of this One Pure Awareness or Being of I AM... as I *am* this I AM... in ITS purity... prior to and beyond the *individual* sense of “I” or “me” as a separate ego, or “self?” Is this *actually* possible... without retaining a separate sense of “me” as the one who knows, or apparently “owns” the experience?

The answer is: Absolutely, yes! This “seeing” of the true Being can and *must* be Seeing *AS* true Being, which is without “someone” who is “doing” the seeing.

Response: That is exactly what I mean! Is this possible, to get beyond the “me”; if so, how?

In the first approach and contact with pure Seeing of all... *as IT is*... there is for a while a sense of having a “point of view” that is unique, for it includes one’s body-mind perspective; and therefore, is limited to or dictated by the mind and the body’s senses.

Yet... by being fully present and quietly alert... it can also be seen... by no one “doing” the seeing... that *everything* occurring... *as* it is occurring... is really “going on” by way of a natural flow in which there is no one “doing” what is being done... *as* it is being done... *regardless* of what is presently occurring in the moment. The fact of all happening, as it is happening, is seen by no one “doing” the seeing. There is in fact no “me” as the “doer” of experience, regardless of what is being experienced; and, no individual “I” that is “moving” experiences into existence. In addition, in the Stillness and Silence of this pure Being, there are no random thoughts arising.

There is only IT... the One Being... living (*sustaining and maintaining*) all of us individuals... who are appearing to be separate entities or persons... living in time and space.

It is IT being *EVERY* individual – even individuality *itself*. The Divine Potter’s clay is the same – whether fashioned or formed into the image of everyone’s favorite hero or into a famous dreadful villain.

It is the One Animating Energy that “vibrates” in and out of all the available forms that appear and disappear. It is like the vortex of a whirlpool in a river that appears like an image in the river’s current that holds its shape for a while; but all it is, is the vortex “doing its thing” being a vortex! When the vortex dissolves, the water that was the “body” of the image is not affected.

Being, is simply being ITself. In the moment, it may know ITself *as* a particular body-mind ... such as the individual you have thus far “always taken yourself to be”... but *now* you simply know that IT has in fact been “living” you... you have never *really* lived “on your own”... or existed as a separate entity... even when you strongly thought and believed you were. Yet, nothing is lost by now seeing and knowing this, except your sense of separateness, and perhaps its resultant sense of limitation... and now all your suffering, for the Source is seen as *all* of that!

You have never been the separate, individual being... or person... you thought yourself to be, having autonomy and absolute control over your destiny. Nevertheless, here you are *anyway* ... as you now are... with all the decisions you made or didn’t make... and now free, at peace, and capable of lasting contentment! That is, if you don’t identify with the drama of the body-mind now appearing as the “me” or “I” thought. Just live *in* and *as* FULL ACCEPTANCE *of what is occurring, AS it is occurring*... and be Happy!

**Arunachala Ramana AHAM Ashram**  
**Tiruvannamalai India**  
**Web site: [www.aham.com](http://www.aham.com)**

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